

Test Paper On 1.4 Be Smart With Answers

Q. 1) Read the following passages and complete the given activities:

A1. Say whether the following statements are Right or Wrong:

1. We won't achieve our goals unless we take action to achieve them.
2. We all don't have natural talents.
3. The skill must be stronger than will.
4. Goals help to steer a course of life.

Ans:

1. Right
2. Wrong
3. Wrong
4. Right

Champions aren't made in gyms. Champions are made from something they have deep inside them- a desire, a dream, a vision. They have to have the skill and the will. But the will must be stronger than the skill. Successful professionals thrive in the same manner. We all have natural talents. If we use that talent to set our goal in life, we can easily get success in life. We shall not achieve our goals if we do not take action to achieve them. Setting goals has two valuable assets - a sense of originality and a stepping stone to illuminate the path. Goals put one at the helm of life; pursuing them acknowledges a better future situation. They help to steer a course of life rather than simply drifting along and letting things happen.

Setting goals may appear easy, but, for some, it is quite challenging. Fear of failure may be avoided in the absence of any goals. After all, one has to decide what one wants to achieve in the end. To accomplish goals, experts recommend a five-step approach.

SMART goals are a methodology of thinking that helps people reach success. SMART stands for specific, measurable, achievable, realistic and timebound.

A2. Complete the following sentences using the information from the passage:

1. SMART goals are _____
2. Some people find setting goals challenging because _____

Ans:

1. SMART goals are **a methodology of thinking that helps people reach success.**
2. Some people find setting goals challenging because **(i) They fear failure in the absence of any goal. (ii) They cannot decide what they really want to achieve in the end, without any goal.**

A3. Say whether the underlined words in the following sentences are used as a noun or verb or adjective:

1. The ban is imposed on the **use** of plastic bags.
2. We should **use** our talent to set our goal in life.
3. They **help** to steer a course of life.
4. The company has a **help** desk at the entrance.

Ans:

1. use — **noun**
2. use — **verb**
3. help — **verb**

4. help — **adjective**

A4. Pick out the infinitives from the sentences:

1. We use that talent to set our goals.
2. Quantifying goals provide specific ways to track progress.
3. It is important to create goals that are within a current skill set or area of expertise.
4. We need to bring down life image down to earth and plan to execute our strategies.

Ans:

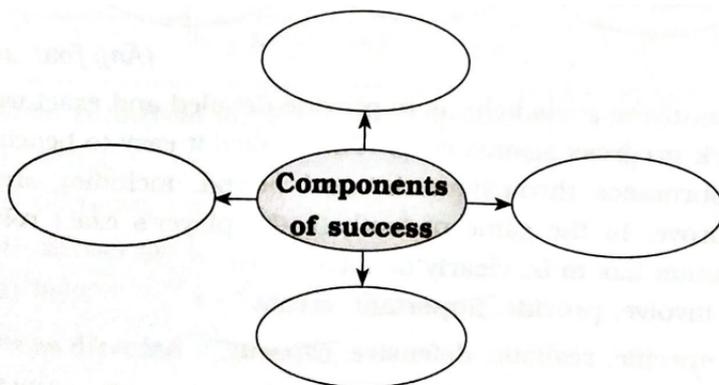
1. to set
2. to track
3. to create
4. to execute

A5. Do you have a goal in your life? What efforts will you make to achieve it?

Ans: Yes, I have chosen my goal in life. I want to be a top musician. To reach my goal, I will keep trying and moving forward, even when it's hard, using my talent and hard work. I believe that my faith in God, perseverance, courage, and positive thinking will help me succeed.

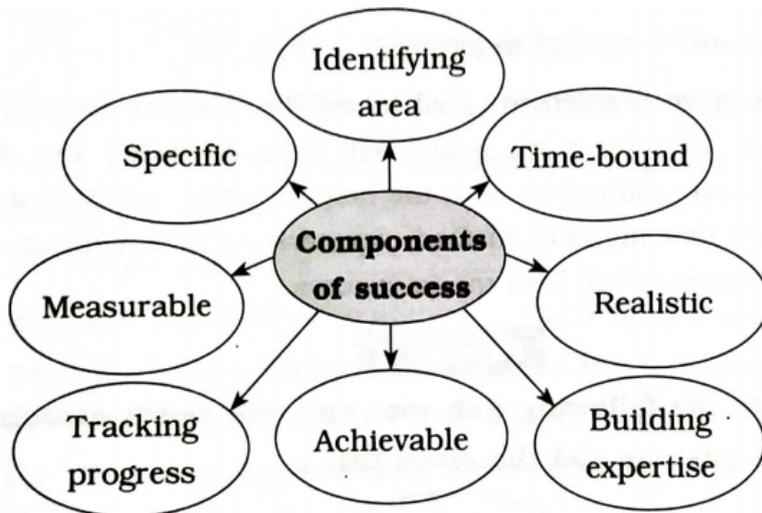
Q. 2) Read the following passages and complete the given activities:

A1. Complete the following web with any four words associated with the passage and the given title:



Ans:

A1.



SMART goals have a specific rubric:

Specific: Involves identifying a specific area for improvement. The more specific the area, the more refined the achievement of one's goal can be. It makes it easier to set parameters and work towards the goal. For example, if it is building a house, what exactly is the capacity required and how long can it stretch?

Measurable: Quantifying goals provides specific ways to track progress against goals. This makes it easy to benchmark performance throughout the goal period, including areas to improve. While playing football, one's exact role and position has to be clearly defined.

Achievable: Setting goals that can be completed in the designated period of time. Often, these goals may act like stepping stones to help meet broader goals that further define a career. As students, we can't become a President, a Prime Minister, but can hope to reach those heights in future.

Realistic: It is important to create goals that are within one's current skill set or area of expertise. Building expertise takes time, so expecting to become an expert in a short amount of time is unrealistic. Being realistic will make it easy to be successful at attaining goals. If defensive and not aggressive, the goal perhaps lacks realism. We must have the clear picture in mind and must have the ability to adhere to that picture.

A2. Explain how quantifying goals helps us.

Ans:

Quantifying goals help us to provide detailed and exact ways to track progress against goals. This makes it easy to benchmark performance throughout the goal period, including areas to improve. In the game of football, the player's exact role and position have to be clearly defined.

A3. Cross out the odd man:

1. involve, provide, important, create.
2. specific, realistic, defensive, capacity.
3. performance, achievement, aggressive, president.
4. clearly, lucky, freely, exactly.

Ans:

1. involve, provide, **important**, create.
2. specific, realistic, defensive, **capacity**.
3. performance, achievement, **aggressive**, president.
4. clearly, **lucky**, freely, exactly.

A4. Do as directed:

1. It makes it easier to set parameters. (**Name the tense**)
2. These goals may act like stepping stones. (**Underline the present participle**)

Ans:

1. Simple Present Tense
2. Stepping

A5. Why is it necessary to set our goals realistic?

Ans: "It is important to set goals that match our current skills. We need to be skilled in what we choose to do. Our approach to our goals should be realistic and positive. We must work hard and know how and when we can reach our goals."

Q. 3) Read the following passages and complete the given activities:

A1. Fill in the blanks:

1. _____ is a walk in the dark.
2. _____ we can't get anything out.
3. Life is something like _____.
4. _____ we know how to go about it

Ans:

1. **Success** is a walk in the dark.

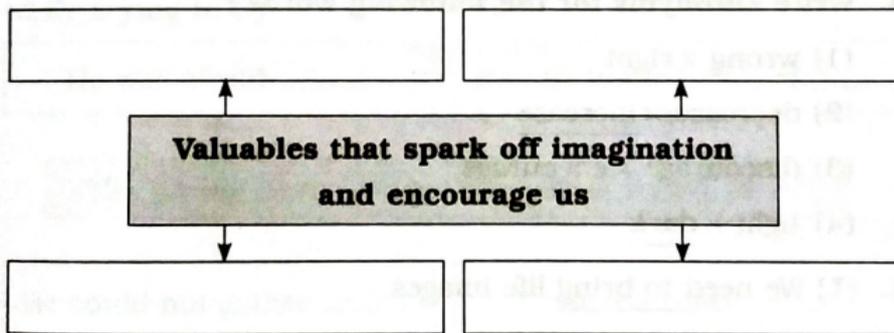
2. **If we don't put anything in**, we can't get anything out.
3. Life is something like **trumpet**.
4. **To reduce weight** we know how to go about it.

Time-bound: Establish time parameters around each goal, as it will help increase focus and accountability. To reduce weight we know how to go about it. But without consistent time - bound action, it never becomes a reality. It may be exercise, diet and stress-free thoughts. All these have to be practised and implemented without hesitation, doubt or indifference, but within a deadline.

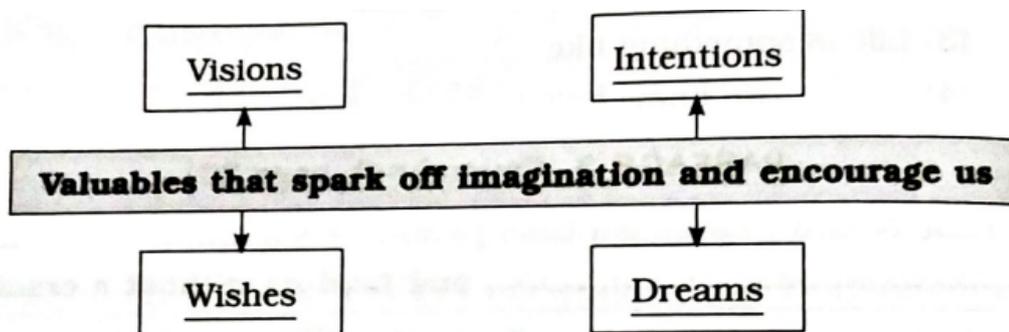
Visions, wishes, intentions and dreams are all valuable. They spark off imagination and encourage us to define where we want to reach. In order to get there, however, we need to bring life images, down to earth and plan to execute our strategies. The quality and quantity of energy we put forth, directly impact the results. Life is something like a trumpet. If we don't put anything in, we can't get anything out.

Success is a walk in the dark. Finding the right footing, precisely mastering the skills and getting to the next place, all depend on how we approach and tackle the problem. The best way to get from where we are, to where we want to be is to find the footing of our next step. When we take the next step, it should support and hold us without a crack

A2. Complete the web :



Ans:



A3. Write antonyms for the following words:

1. wrong x
2. decrease x
3. discourage x
4. light x

Ans:

1. wrong x **right**
2. decrease x **increase**
3. discourage x **encourage**
4. light x **dark**

A4. Do as directed:

1. We need to bring life images. (**Underline the 'infinitive'**)
2. The next step should support and hold us without a crack, shouldn't it? (**Choose the correct question tag**)
 1. **Should it? ii) don't it iii) shouldn't it?**

Ans:

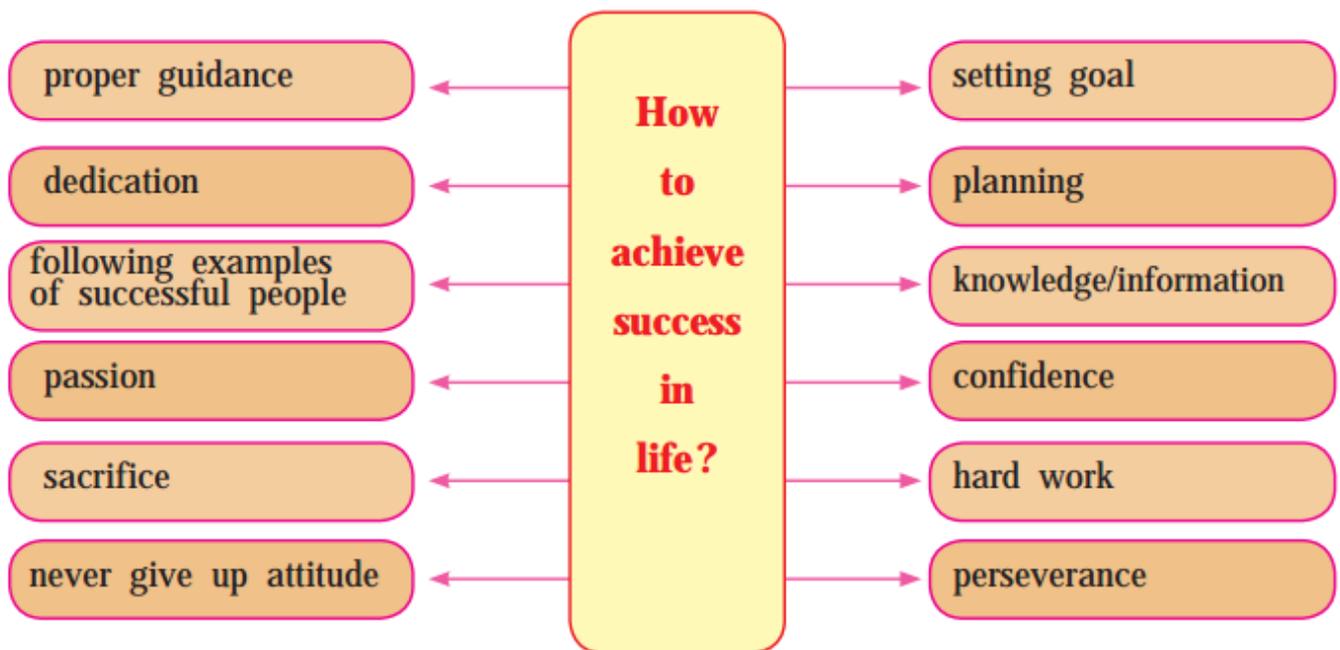
1. to bring
2. shouldn't it?

A5. Four qualities of a successful person:

1. A successful person dreams high and works hard to achieve his dream.
2. He/she dedicates his/her life to achieve his/her goals.
3. He/she always thinks positively and works with vision.
4. He/she keeps on trying even if he/she faces ups and downs in his/her life.

Q. 4) Writing Skill

You are going to participate in an Interschool Elocution Competition. The subject given to you is 'How to Achieve Success in Life.' Draft a speech to present it, in the competition.



Ans:

How to Achieve Success in Life

Dear chairperson, headmaster, teachers, and friends,

Today I will talk about how to be successful in life. Please listen carefully. Success is important for everyone. We all want to be successful. There is a saying, "Success is a journey, not a destination." This means that success is something we keep working on. When we look at successful people, we see this is true.

Everyone wants to be rich and successful. To reach our goals, we need to follow some steps. First, we need to set a clear goal and make a plan. We must follow this plan properly.

To be very successful, we need confidence, patience, knowledge, perseverance, and hard work. We shouldn't waste time because time is valuable. We shouldn't compare ourselves to others. Always think positively and never give up. Many people fail because they don't realize how close they are to success when they quit.

We should follow the example of successful people. For example, Dhirubhai Ambani was poor but worked hard and never gave up. He became one of the richest industrialists in the world. This shows that with hope and effort, success is possible.

There is a saying, "Successful people do not do different things; they do things differently."
So, work hard continuously. God's blessings are always with you. Thank you for listening.

Jai Hind.