To understand the meaning of proverbs

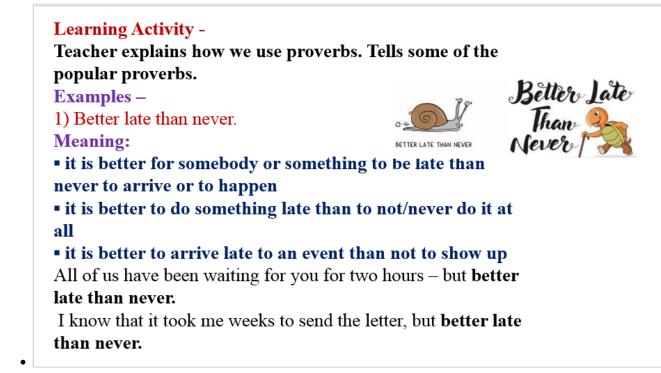
Instruction for teachers and parents / Facilitators -

1.Use familiar pictures to explain different proverbs

Instruction for students -

1. Look at the pictures carefully,

2. Try to answer the questions asked before, while, and after the activity.



2)An apple a day keeps the doctor away

Meaning: Basically, the phrase is not meant to be taken literally. The idea this proverb is expressing is that eating healthier can help to keep the doctor

away. E.g.



Earlier Suman was not ready to eat apples but now when she had to eat lot of medicines she understood the meaning of the proverb, "an apple a day keeps the doctor away".

Example: Asha has a friend who rarely gets sick, and when she does, she handles it well. So, Asha asked her: "How are you so healthy?"

"Well," her friend said, "as the saying goes, **an apple a day keeps the doctor away.** I drink plenty of water, I eat fruits and vegetables during the week, and I make sure to get enough sleep."



3)United we stand, divided we fall:

It means 'it is better to stick together'. We all know that unity is strength. Unity is of great value in every walk of life. If there is unity among people then their strength increases. So, the proverb:

- Emphasizes the importance of unity.
- Uses a metaphor of standing to mean success.
- Uses a metaphor of falling to mean failure.
- States that success depends on unity.
- States that failure comes from divisions.



e.g., 1. "Rohan asked Mohan – do you know that the strongest rope is made from binding together hundreds of weak threads, those can be easily broken, even by a child. Whenever I see a rope, I remember this phrase **'united we stand divided we fall'**, Rohan added further."



e.g., 2. "A group of wild dogs is known to have overpowered even a tiger, because of their unity. It is true that **united we stand divided we fall.**"



4)Two wrongs don't make a right:

Meaning: said to emphasize that it is not acceptable to do something bad to someone just because they did something bad to you first.

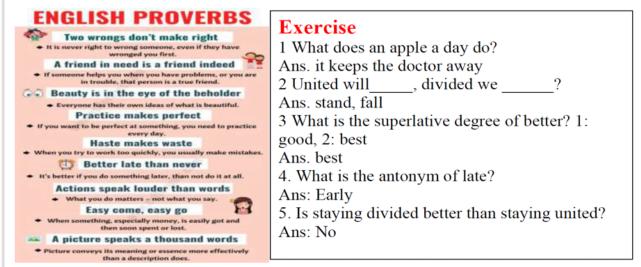
e.g., "I know your brother hit you, but don't hit back. You know **two wrongs don't make a right"** "Ramesh was very rude to Anna so Anna was rude to Ramesh. I understand her, but **two wrongs don't make a right."**



Solved Activity/Demo

1. Teacher shows the pictures and the proverbs

Teacher shows different pictures and proverbs and makes students familiar with proverbs.



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