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संपर्क क्रमांक (०२०) २४४७६९३८

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दि. ०८/०२/२३

Std.10th Question Bank Textual Passage 10 Set With Answers

SECTION II: TEXTUAL PASSAGES

Q. 2 TEXTUAL PASSAGES (20 Marks)

Set:1

Q 1 A Read the following passage and complete the activities. (10)

A 1Complete the following sentences. (02)

- i) My father provided first aid to ——————-
- ii) His two little twinkling eyes ——————
- iii) My attention was fixed on ——————
- iv) The mother langur sat on ——————

Ans:

i)My father provided first aid to clean the wounds and stop

the bleeding.

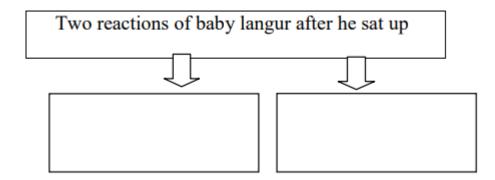
- ii) His two little twinkling eyes welled up with tears.
- iii) My attention was fixed on the revival of the baby langur.
- iv) The mother langur sat on **our kitchen roof.**

I took the baby langur to our backyard and gently laid him on the floor inside the poultry coop. His body was full of deep bite marks and scratches. Blood was oozing from some of the wounds. The baby remained motionless. My father provided first aid to clean the wounds and stop the bleeding. I was relieved to find out that the baby was breathing, even though his breaths were shallow.

Splashes of cold water made the baby stir and after a few shaky attempts, he sat up. He was in state of shock and started trembling like a leaf in the wind. His two little twinkling eyes welled up with tears and he started to sob with a muffled cry – just like a human child would after experiencing trauma. I offered him a peeled banana which he accepted with his unsteady hand and began taking hesitant bites.

My attention was fixed on the revival of the baby langur. Suddenly, I had an uncanny feeling of being watched. I turned away from the coop and looked up. There sat the mother langur on our kitchen roof, watching every move I made. She simply sat there quietly, as if convinced that no harm was being done to her child.

A 2 Attempt the following: (02)



Ans:

Two reactions of baby langur after he sat up

- i) The baby langur started trembling like a leaf in the wind.
- ii) His two little twinkling eyes welled up with tears, and he started to sob with a muffled

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C.	LV

A 3 Match the words in column A with their synonyms in column B. (02)

Colum	n A Co.	lumn B
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- i) Coop A) Overflowing
- ii) Stir B) Great shock
- iii) Oozing C) Cage for poultry
- iv) Trauma D) Move

Ans:

Column A Column B

- i) Coop **C) Cage for poultry**
- ii) Stir **D) Move**
- iii) Oozing A) Overflowing
- iv) Trauma B) Great shock

A 4Do as directed. (02)

1. I turned away from the coop and looked up.

(Choose the correct Tag)

- a) do I
- b) didn't I?
- c) was I d) did I?

Ans:

- b) didn't I?
- 2. I took the baby langur to our backyard. (Begin the sentence with 'The baby......)

Ans:

The baby langur was taken to our backyard.

A5) Personal response. (02)

Do you like to help needy person / animal? Why?

Ans:

Yes, I like helping people and animals in need. It feels good and makes me happy. It's nice to care for others and show kindness. Helping animals is special because they can't tell us what they need. It's important to be kind and help all living things.

Set :2

Q 1 A Read the following passage and complete the activities. (10)

A 1 State whether the following statements are True or False. (02)

- i) The skill must be stronger than the will.
- ii) Setting goals has two valuable assets.
- iii) Champions are made in gyms.
- iv)We all have natural talents.

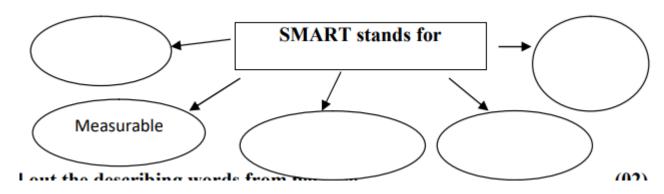
- i) The skill must be stronger than the will. **_False**
- ii) Setting goals has two valuable assets. True
- iii) Champions are made in gyms. **_False**
- iv)We all have natural talents. _True

Champions aren't made in gyms. Champions are made from something they have deep inside them- a desire, a dream, a vision. They have to have the skill and the will. But the will must be stronger than the skill. Successful professionals thrive in the same manner. We all have natural talents. If we use that talent to set our goal in life, we can easily get success in life. We shall not achieve our goals if we do not take action to achieve them. Setting goals has two valuable assets – a sense of originality and a stepping stone to illuminate the path. Goals put one at the helm of life; pursuing them acknowledges a better future situation. They help to steer course of life rather than simply drifting along and letting things happen.

Setting goals may appear easy, but, for some, it is quite challenging. Fear of failure may be avoided in the absence of any goals. After all, one has to decide what one wants to achieve in the end. To accomplish goals, experts recommend a five-step approach.

SMART goals are a methodology of thinking that helps people reach success. SMART stands for specific, measurable, achievable, realistic and time bound.

A2) Complete the following web diagram. (02)



Ans:

SMART stands for

_Specific

Measurable

Achievable

Realistic

Time-bound

A3) Find out the describing words from passage. (02)

- i) Talents -
- ii) Professionals -
- iii) Assets -
- iv) Drifting -

Ans:

- i) Talents Natural
- ii) Professionals Successful
- iii) Assets Valuable
- iv) Drifting Simply

A4) Do as directed. (02)

1. The will must be stronger than the skill.

(Identify the type of degree)

Ans: Comparative degree

ii) We all have natural talents. (Make it negative)

Ans: We all do not have artificial talent.

A5) Personal response: (02)

Have you set your goal? How?

Ans:

Yes, I've set a goal to achieve 95% in my board exams. I use a simple SMART plan. First, I decide exactly what I want. Next, I pick a goal I can check off, so I know when I've done it. I make sure my goal is doable with what I have and that it's realistic. Finally, I give myself a

deadline. This keeps me on track and motivated.

Set:3

Q 1 A Read the following passage and complete the activities. (10)

A1 Fill in the blanks. (02)

i)	The seac	ull he	had no	t eaten—————-
----	----------	--------	--------	---------------

- ii)The sight of the food—————-
- iii) His father was preening—————-
- iv) His mother had picked up-----

Ans:

- i) The seagull he had not eaten since the previous nightfall.
- ii) The sight of the food **maddened him.**
- iii) His father was preening the feathers on his white back.
- iv) His mother had picked up a piece of the fish.

The sun was now ascending the sky, blazing on his ledge that faced the south. He felt the heat because he had not eaten since the previous nightfall. He stepped slowly out to the brink of the ledge and standing on one leg with the other leg hidden under his wing, he closed one eye, then the other, and pretended to be falling asleep. Still, they took no notice of him. He saw his two brothers and his sister lying on the plateau dozing with their heads sunk into their necks. His father was preening the feathers on his white back. Only his mother was looking at him. She was standing on a little high hump on the plateau, her white breast thrust forward. Now and again, she tore at a piece of fish that lay at her feet and then scrapped each side of her beak on the rock. The sight of the food maddened him. How he loved to tear food that way, scrapping his beak now and again to wait. "Ga, ga, ga", he cried begging her to bring him some food. "Gaw-col-ah", she screamed back derisively. But he kept calling plaintively, and after a minute or so he uttered a joyful scream. His mother had picked up a piece of the fish and was flying across to him with it. He leaned out eagerly, tapping the rock with his feet, trying to get nearer to her as she flew across.

A2) Arrange the events in proper sequence as per their occurrence. (02)

- i) She screamed back derisively.
- ii) He was trying to get nearer to her.
- iii) He felt the heat because he had not eaten since the previous nightfall.
- iv) She tore at a piece of fish that lay at her feet.

Ans:

- iii) He felt the heat because he had not eaten since the previous nightfall.
- iv) She tore at a piece of fish that lay at her feet.
- i) She screamed back derisively.
- ii) He was trying to get nearer to her.

A 3 Use the following words in your own sentences. (02)

- i) Pretend -
- ii)Begging -

Ans:

- i) **Pretend** Sometimes, children **pretend** to be superheroes.
- ii) Begging The small puppy was begging for a piece of bread.

A 4 Do as directed. (02)

i) His father was preening the feathers on his white back.

(Begin the sentence with 'The feathers....)

Ans:

The feathers on his white back were being preened by his father.

ii) She was standing on a little high hump on the plateau.

(Find out the tense in the sentences.)

Ans:

Past Continuous Tense

A5) Personal Response (02)

According to you, what qualities will help us to develop our confidence?

Ans:

To grow confidence, we need practice, to keep trying even when we fail. Learning from mistakes helps too. Being positive and supportive friends also boost our confidence.

Set :4

Q1.A) Read the following passage and complete the activities. (10)

A1) Who am I? (Identify the character) (02)

- i) I am the hairdresser. Who am I?
- ii) I have a crooked leg, who am I?
- iii) I am the owner of bank, who am I?
- iv) I am a customer, who am I?

Ans:

i) I am the hairdresser. Who am I?

_Deep Chand

ii) I have a crooked leg, who am I?

_Old Ganpat the beggar

iii) I am the owner of bank, who am I?

Seth Govind Ram

iv) I am a customer, who am I?

_The elderly gentleman

Deep Chand who was cutting the hair of an elderly gentleman, was so startled that his hand shook, and he nicked his customer's right ear. The customer yelped with pain and distress: pain, because of the cut and distress because of the awful news he had just heard. With one side of his neck still unshaven, he sped across the road to the general merchant's store where there was a telephone. He dialled Seth Govind Ram's number. The Seth was not at home. Where was he, then? The Seth was holidaying in Kashmir. Oh, was that so? The elderly gentleman did not believe it. He hurried back to the barber's shop and told Deep Chand: 'The bird has flown! Seth Govind Ram has left town. Definitely, it means a collapse.' And then he dashed out of the shop, making a beeline for his office and cheque book.

The news spread through the bazaar with the rapidity of forest fire. From the general merchant' sit travelled to the shop, circulated amongst the customers, and then spread with them in various directions, to the betel seller, the tailor, the free vendor, the jeweller, the beggar sitting on the pavement. Old Ganpat the beggar, had a crooked leg.

A2) Match the following and write the complete meaningful sentences. (02)

Group A Group B

- i) Govind Ram was... a) with the rapidity of forest fire.
- ii) Old Ganpat the beggar b) where there was a telephone
- iii) The general merchant's store c) holidaying in Kashmir.
- iv) The news spread d) was sitting on the pavement.

Ans:

Group A Group B

- i) Govind Ram was... c) holidaying in Kashmir.
- ii) Old Ganpat the beggar **d) was sitting on the pavement.**
- iii) The general merchant's store **b) where there was a telephone.**
- iv) The news spread **a) with the rapidity of forest fire.**

A3) Complete the following table. (02)

Verb	Noun
i) direct	i)
ii) ————	- ii) pavement
iii) aweful	iii)
iv) startled	iv)

Ans:

Verb	Noun
i) direct	direction
ii) ————	- ii) pavement
iii) aweful	iii) awfulness
iv) startled	iv) surprise

A 4 Do as directed. (02)

i) The elderly gentleman did not believe it.

(Frame yes/no type of question)

Ans:

- 1. Did the elderly gentleman believe it?
- 2. Who did not believe?
- ii) Deep Chand who was cutting the hair of an elderly gentleman.

(Identify the clause)

Ans:

Deep Chand who was cutting the hair of an elderly gentleman: (Relative clause)

A5) Personal Response (02)

Who, do you think, are responsible for spreading fake news? Why?

Ans:

Fake news often comes from those looking to gain politically or financially, or just to cause

trouble. People might share it by mistake on social media without checking if it's true. News places sometimes focus more on exciting stories than on getting facts right. Learning to think critically and understand media can help stop fake news from spreading.
Set :5
Q1A) Read the following passage and complete the activities. (10)
A1) Choose the correct alternatives. (02)
i) The bestselling book of Dr. Hawking is
a) Wings of Fire
b) A Brief History of Time
c) Feynman
d)The trouble with physics
Ans:
b) A Brief History of Time
ii) Dr. Hawkings is considered equal in intelligence with ———
a) Galileo
b) Copernicus
c) Einstein
d) Stephen Hawking
Ans:
c) Einstein
iii) Dr. Hawking was victim of the dreadful disease named ———-

a) ALS

- b) Cancer
- c) Alzheimer
- d) Schizophrenia

Ans:

- a) ALS
- iv) According to Dr. Hawking, in the next millennium science will discover————
- a) About human
- b) Secrets of water
- c) The core secrets of the universe
- d) About Moon

Ans:

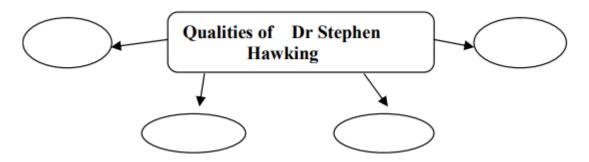
1. The core secrets of the universe

In spite of being considered Einstein's equal in intelligence, Dr Hawking is a very humble man. A simple, down to earth man, he has authored many books dealing with his awesome ideas keeping a layman in mind. His writing is full of wit and humour. His style is so lucid that non-scientists can also understand him. His book, "A Brief History of Time" is one of the bestselling books of our times.

On being asked, how he feels about having the dreadful ALS, Dr Hawking, the quintessence of optimism and hope, says, "Not very different from the rest. I try and lead as normal a life as possible, and not think about my condition or regret the things it prevents me from doing, which are not many."

Dr Hawking firmly believes that in the next millennium, science will discover the core secrets of the universe, its origin, its history and maybe even predict its ultimate demise. Like Dr Hawking, there are many people who display exemplary courage in their lives. Letus salute all those brave people, who in spite of being disabled strive to do their best.

A2) Complete the following web-chart. (02)



Ans:

- humility and intelligence.
- Clarity in Communication
- Optimism and Hope
- Courage:

A3) Use the following Homographs in two different contexts. (02)

- i) mind -
- ii) rest -

Ans:

i) mind -

- 1. "Do you **mind** if I open the window?" **(Permission)**
- 2. "He has a brilliant **mind** for solving complex problems." (Intellect)

ii) rest -

- 1. "You should **rest** a bit before we continue hiking." (Relax)
- 2. "The **rest** of the cake was eaten by the end of the party." (**Remainder**)

A4) Do as directed. (02)

a) Dr Hawking is a very humble man.

(Make it exclamatory)

What a humble man Dr. Hawking is!

b) There are many people who display exemplary courage.

(Convert in Interrogative Question form)

Ans:

- 1. Are there many people who display exemplary courage?
- 2. Where are many people who display exemplary courage?

A5) Personal response (02)

Have you helped any disabled person? How?

Ans:

Yes, I've helped disabled people before. Once, I helped someone who couldn't see well get through a busy place. I let them hold my arm and told them about our surroundings as we walked. It was a simple thing to do, but it made their day better.

Set :6

Q 1A) Read the following passage and complete the activities. (10)

A1) State whether the following statements are True or False. (02)

- i) Swami is a talkative little kid.
- ii) Swami absolutely hates school.
- iii) Technology is big in a kid's life.
- iv) Swami's favourite subject was Mathematics.

- i) Swami is a talkative little kid. True
- ii) Swami absolutely hates school. True

- iii) Technology is big in a kid's life. False
- iv) Swami's favourite subject was Mathematics. False

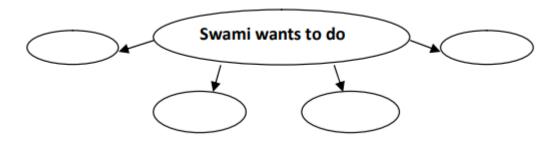
Swami is a mischievous little kid of about 10 years old and living nightmare. Anyway, the story unfolds around the happenings of this kid and how he constantly gets into in the era where India was under the British rule... Like most kids of that age, Swami is a kid who cannot stay at one place and absolutely hates school, even worse Mathematics. School is his absolute trouble and gets a good beating from his father.

Swami is a talkative little kid and thinks that's his way of facing life, talking himself out of everything. But he does learn the truth the harsh way. As many teens back then, all he wants to do is play under the sun, kick something, climb a tree, break something and harass somebody (unlike kids today!!!). This, in fact, was (and in most parts of India, still is) the life of a typical boy growing up. Technology isn't big in a kid's life. All they want is to play

havoc!!!

In what ways is Swami a typical boy in his growing years? In this regard, Narayan gets deeply into the workings of Swami's ten-year-old mind, explaining exquisitely how he thinks and what his perspective of the world is. The reader does feel like Swami and gets very attached with the character as the story progresses. That's the magic of Narayan.

A 2 Complete the following web diagram. (02)



- Engage in Physical Activities
- Climb Trees
- Prefers playing outdoors.
- Cause Mischief

A3) Find Adjective forms of the following words from passage. (2)

- i) Talk -
- ii) Absolutely -

iii)Mischief -

Ans:

- i) Talk Talkative
- ii) Absolutely Absolute
- iii) Mischief Mischievous
- iv) Britain **British**

A4) Do as directed. (02)

i) Swami is a typical boy in his growing years.

(Underline only determiners)

Ans:

Swami is **a** typical boy in **his** growing years.

ii) Swami is a kid who cannot stay at one place.

(Underline the subordinate clause and state its type)

Ans:

Subordinate clause: who cannot stay at one place.

(Adjective clause)

A5) Personal response. (02)

What type of stories do you like to read- adventure/ science fiction/ historical? Why?

Ans:

I really enjoy science fiction because it lets me think about new worlds and future ideas. These stories have cool adventures and technology that keep me interested. I like seeing

how writers imagine the future and what changes might happen.

Set: 07

Q1A) Read the following passage and complete the activities. (10)

A1) Complete the following sentences (02)

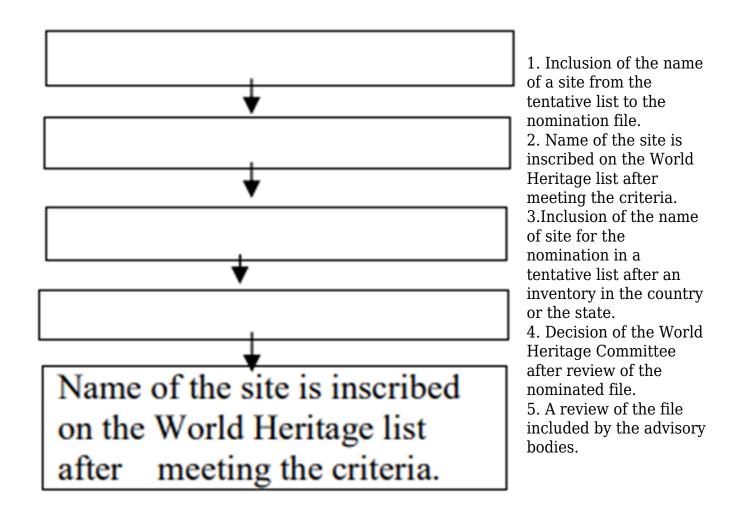
- a) The World Heritage Committee meets———-
- b) To become World Heritage site there are————
- c) Nomination files are reviewed by ————-
- d) There are ——— selection criteria.

Ans:

- a) The World Heritage Committee meets once a year.
- b) To become a World Heritage site there are **ten selection criteria**.
- c) Nomination files are reviewed by the International Council on Monuments and Sites and the World Conservation Union.
- d) There are ten selection criteria.

There are five steps in becoming a World Heritage Site, the first of which is for a country or State Party to take an inventory of its significant cultural and natural sites. This is called the Tentative List and it is important because nominations to the World Heritage List will not be considered unless the nominated site was first included on the Tentative List. Next, countries are then able to select sites from their Tentative Lists to be included on a Nomination File. The third step is a review of the Nomination File by two Advisory Bodies consisting of the International Council on Monuments and Sites and the World Conservation Union, who then make recommendations to the World Heritage Committee. The World Heritage Committee meets once a year to review these recommendations and decide which sites will be added to the World Heritage List. The final step in becoming a World Heritage Site is determining whether or not a nominated site meets at least one of ten selection criteria. If the site meets these criteria, it can then be inscribed on the World Heritage List. Once a site goes through this process and is chosen, it remains the property of the country on whose territory it sits, but it also becomes considered within the international community.

A2) Complete the following flow - chart by choosing from the options given below to show how any site of any country can become a World Heritage Site. (02)



Ans:

- 1. Inclusion of the name of site for the nomination in a tentative list after an inventory in the country or the state. \downarrow
- 2. Inclusion of the name of a site from the tentative list to the nomination file. ↓
- 3. A review of the file included by the advisory bodies. ↓
- 4. Decision of the World Heritage Committee after review of the nominated file. ↓
- 5. Name of the site is inscribed on the World Heritage list after meeting the criteria.

A 3 Look at the words and their meanings. Write the correct alternatives. (02)

(i) determine: ———
(a) think over(b) decide (c) ask for (d) look over
(ii) monument: ———-
(a) statue (b) pillar (c) memorial building (d) fort
(iii) significant: ———-
(a) clever (b) effective (c) systematic (d) important
(iv) community: ———-
1. group (b) dissociation (c) race (d) independence
Ans:
(i) determine: (b) decide
(ii) monument: (c) memorial building
(iii) significant: (d) important
(iv) community: (a) group
A4) Do as directed. (02)
i) The World Heritage Committee meets once a year to review these recommendations and decide which sites will be added to the World Heritage List.
(use 'Not only _ but also')
Ans:

The World Heritage Committee ${f not}$ only meets once a year to review these

ii) It remains the property of the country.

(Add a Question tag)

recommendations **but also** decide which sites will be added to the World Heritage List.

Ans:

It remains the property of the country, **doesn't it?**

A5) Personal response. (02)

According to you, why should we preserve the World Heritage sites?

Ans:

Saving World Heritage sites matters because they help us remember our history and show us how people lived long ago. They teach us about different ways of life and respect for other cultures. Keeping these places safe lets future kids and adults see and learn from them, too. Plus, it helps towns make money from visitors and protects nature.

Set: 08

- 1A) Read the following passage and complete the activities. (10)
- A1) State whether the following statements are right or wrong. Correct the wrong ones and rewrite them. (02)
- i)The scene of the beggar and the girl made Meena peep into her own life.
- ii)The beggar became Meena's role model.
- iii)Writer was feeling happy about the beggar and the young girl.
- iv)The beggar and the young girl were playing in the room.

- i) The scene of the beggar and the girl made Meena peep into her own life.
 - Right.
- ii) The beggar became Meena's role model.
 - · Right.
- iii) Writer was feeling happy about the beggar and the young girl.

• Wrong.

Corrected: The writer felt envious of the beggar and the young girl's zest for life.

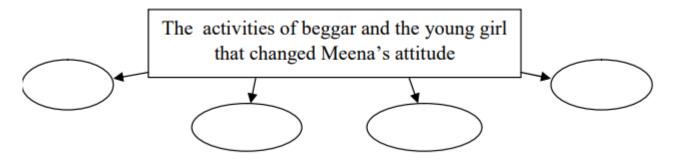
iv) The beggar and the young girl were playing in the room.

• Wrong.

Corrected: The beggar and the young girl were playing on the road.

However, what I saw from my window surprised me. The beggar and the young girl were playing on the road because there was no traffic. They were laughing, clapping and screaming joyously, as if they were imparadise. Hunger and rain did not matter. They were totally drenched and totally happy. I envied their zest for life. 'That scene forced me to look at my own life. I realized I had so many comforts, none of which they had. But they had the most important of all assets, one which I lacked. They knew how to be happy with life as it was. I felt ashamed of myself. I even started to make a list of what I had and what I did not have. I found I had more to be grateful for than most people could imagine. That day, I decided to change my attitude towards life, using the beggar as my role model.' After a long pause, I asked Meena how long it had taken her to change. 'Once this realization dawned', she said, 'it took me almost two years to put the change into effect. Now nothing matters. I am always happy. I find happiness in every small thing, in every situation and in every person.'

A2) Complete the following web. (02)



- Laughing and clapping in the rain
- Celebrating happiness despite hunger and rain
- Displaying a zest for life without material comforts
- Their ability to find joy in every situation.

A3) Find antonyms of the following words from the passage. (02)
i) hell -
ii)unimportant -
iii) grief-
iv) dusk -
Ans:
i) hell - Heaven or paradise
ii) unimportant - Important or significant
iii) grief - Joy or happiness
iv) dusk - Dawn or daylight
A4) Do as directed. (02)
i) She said, "It took me almost two years to put the change into effect." (Change into Indirect speech)
Ans:
She said that it had taken her almost two years to put the change into effect.
ii) That scene forced me to look at my own life.
(Begin with "I)
Ans:
I was forced to look at my own life by that scene.
A5) Personal Response. (02)
Describe any life changing incident that occurred in your life?

Ans:

One terrible day changed my life completely. It was a bright fall day, and I was walking on a busy street when I saw a car crash happen right in front of me. The loud noise of the crash and the breaking glass really scared me. I quickly helped the injured people. This experience showed me how fragile life is and made me want to help others and be kind every chance I get.

Set: 09

Q1A) Read the following passage and complete the activities. (10)

A 1 Fill in the blanks. (02)

i) The biggest challenge to humankind is —————
ii) —————things can be restored by education.
iii) World has made progress in —————
iv) We have failed our children in —————

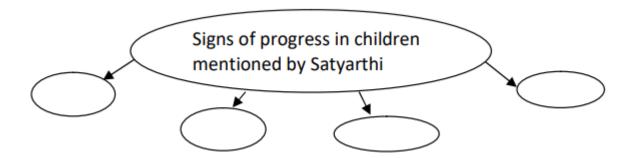
- i) The biggest challenge to humankind is fear and intolerance.
- ii) **Rights, security, hope** can be restored by education.
- iii) World has made progress in **reducing child mortality, malnutrition, and child labour**.
- iv) We have failed our children in **imparting education that gives meaning and objective of life**.

We have made progress in the last couple of decades. We have reduced the number of out of school children by half. We have reduced the number of child labourers by a third. We have reduced child mortality and malnutrition, and we have prevented millions of child deaths. But, let us make no mistake, great challenges still remain.

Friends! The biggest challenge or biggest crisis knocking on the doors of humankind is fear and intolerance. We have utterly failed our children in imparting an education. An education that gives the meaning and objective of life. An education that gives a sense of global citizenship among the youth. I am afraid that the day is not very far away when the cumulative result of this failure, will culminate in an unprecedented violence, and that will be suicidal for humankind.

Rights, security, hope can only be restored through education. Young people like Malala ... I've started calling her my daughter Malala not just Malala ... So my daughter Malala and other daughters including Kayanat.. in fact.. two Kayanats, and Shazia, and the daughters from Africa, and from all over the world. They are rising up and choosing over violence, tolerance over extremism, and courage over fear.

A 2Complete the following web. (02)



Ans:

- Reduced the number of out-of-school children by half.
- Reduced the number of child labourers by a third.
- Reduced child mortality and malnutrition.
- Prevented millions of child deaths.

3 Find synonyms of the following words from the passage. (02)

- i) dogmatism -
- ii)poor diet -
- ii) Period of hundred years -

iv)brutality -

Ans:

- i) dogmatism Rigidity
- ii) Period of hundred years Century
- iii) poor diet Malnutrition
- iv) brutality Violence

A4) Do as directed. (02)

i) The biggest challenge or biggest crisis knocking on the doors of humankind is fear and intolerance.

(Make it positive degree)

Ans:

No other challenge knocking on the doors of humankind as big as fear and intolerance.

ii) They are rising up.

(Add a question tag)

Ans:

They are rising up, aren't they?

A5) Personal response. (02)

What efforts will you take to enrol the out of school children into your school?

Ans:

If I were to take efforts to enrol out-of-school children into my school, I would:

- 1. Work with people in the area and leaders to find kids not in school.
- 2. Hold events to show how important education is.

- 3. Make class times that work for kids who have jobs or other things to do.
- 4. Give scholarships or help with money for families who can't pay for school.
- 5. Join hands with organizations and the government to help teach every child.

Set: 10

Q 1A) Read the following passage and complete the activities. (10)

A1) State weather the following statements are true or false: (02)

- i) Nutrition has been neglected area in Indian sports.
- ii) Indian population is 1.3 billion
- iii) India won just 10 medals in the 2012 Olympics.
- iv) Mary Kom usually fights in 51 kg. event.

Ans:

- i) Nutrition has been neglected area in Indian sports. True
- ii) Indian population is 1.3 billion. **True**
- iii) India won just 10 medals in the 2012 Olympics. **False**
- iv) Mary Kom usually fights in 51 kg. event. **True**

Interviewer: India managed just 6 medals in the 2012 Olympics even though we are a nation of 1.3 billion people. Where do you think a change is required to help us win medals that are proportionate with our population?

Mary Kom: I think more and more people should take up sports as a full -time career if we want more gold medals. More corporates should come in and sponsor players so that the players don't have any financial pressure and can just focus on their games.

Interviewer: Do you think interest in boxing in India will ever go beyond the Olympics?

Mary Kom: Yes, I am sure that in a few years, boxing will be very popular among everyone in India, all year round.

Interviewer: How aware are Indian women of their nutritional requirements? Diet and nutrition must've been key factors in your conditioning for the Olympics. Do you think nutrition is a neglected area in Indian sports?

Mary Kom: The awareness is growing now among female athletes when it comes to nutritional requirements. Nutrition has definitely been a neglected area in Indian sports. I had to gain 3 kg since I had to fight in the 51kg event instead of the usual 448 kg that I fight in. So I had to focus on what to eat. I gained weight by eating the right kind of healthy food rather than bad saturated fats.

A2) How can Indian sportsmen win more medals in Olympics? (02)

Ans:

Indian athletes can win more Olympic medals with better training, facilities, coaching, and nutrition. Giving them enough money helps them train stress-free. Finding and supporting young talent and letting them compete internationally can also increase their medal chances.

A3) Make sentences of your own using the following words. (02)

- i) sponsor-
- ii) nutrition

Ans:

- i) Sponsor "A local shop agreed to sponsor our cricket team."
- ii) Nutrition "We learned about nutrition in health class today." Top of Form

A4) Do as directed. (02)

i) Do you think that nutrition is a neglected area in Indian sports?

(Underline the subordinate clause and state its kind)

Ans:

Subordinate clause: that nutrition is a neglected area in Indian sports.

Type: Noun clause

ii) I gained weight by eating the right kind of healthy food.

(Make it past perfect continuous tense)

Ans:

I had been gaining weight by eating the right kind of healthy food.

A5) Personal response. (02)

Do you think that financial support is needed for a sportsperson? Why?

Ans:

Athletes need money to help them train without worrying about finances. Training and equipment are expensive. Without financial support, talented athletes may not afford to compete. Money can also cover injury treatment, allowing them to focus on their sport. This support can lead to winning and bringing pride to their country.

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